



## Head-to-Soul Makeover Participant's Guide: Helping Teen Girls Become Real in a Fake World (Youth Specialties (Paperback))

By Leith, Shelley

Zondervan. Book Condition: New. 031067042X BRAND NEW!! MULTIPLE COPIES AVAILABLE. NEW CONDITION!! 100% MONEY BACK GUARANTEE!! BUY WITH CONFIDENCE! WE SHIP DAILY!! EXPEDITED SHIPPING AVAILABLE. 'Teen girls often struggle with stubbornness, insecurity, anxiety, stress, irritability, and envy---which can be crippling at this critical stage in their lives when they're forming their adult identities. Through the lens of culturally relevant television reality shows and magazine-type self-quizzes, this 10-week small group study will guide teen girls through an upbeat curriculum to transform their lives from head to soul. By exploring eight Christ-like character qualities, the study helps girls put discipleship into practice with a weekly 'Makeover Challenge,' and then wraps it all up with a 'Big Reveal' party. The participant's guide contains ten complete lessons, including discussion questions, self-assessments, Bible study guide, group exercises, and daily journaling pages. The leader's guide includes guidelines for facilitating a group, the complete text of the participant's guide, helpful hints for the group exercises and discussion questions, and handout pages to copy.'



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