



## One More Sober Sunrise: How to Relapse-Proof Your Sobriety (Paperback)

---

By Bob B

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Is this book for you? Booze has caused problems in your life or you would not be considering this title. Maybe you had a brush with the law and a judge made you attend AA meetings to avoid some consequence. Maybe somebody forced you into a treatment program or maybe you volunteered for treatment during a spurt of revulsion over the way you were living. You were able to stop drinking for a while, but later convinced yourself that it would be okay to have a few drinks. Maybe your drinking was under control for a while, but then you got sick, drunk and in all kinds of trouble. Again. Now you want to stop drinking for good, but periodically you get drunk and self-destruct. You can stop but can't stay stopped. Relapsing, in treatment center language. You have been to AA meetings. You read the Steps and even tried to work them. You know about AA - and AA did not work for you. If that sounds like you, this book was written for you. I...



**READ ONLINE**

[ 5.87 MB ]

### Reviews

*A top quality publication along with the font used was intriguing to read. I really could comprehend everything using this written e book. Its been designed in an remarkably straightforward way and it is only after i finished reading through this publication by which basically altered me, modify the way i believe.*

-- **Cathrine Larkin Sr.**

*Very useful to all of group of people. I actually have read through and so i am certain that i will planning to study yet again once again down the road. I am just very easily can get a satisfaction of looking at a created book.*

-- **Mark Bernier**