



Brain Mastery: A Simple Guide to Improving Memory, Hacking Your Brain, Thinking

By Morton, Thomas E

CreateSpace Independent Publishing Platform, 2014. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Brain Mastery What If You Could Remember More, Organize Better, Take Amazing Notes, and Unlock The True Power of Your Brain? What If You Could Really Be More Productive In This Digital Age? What would that mean for you? Better job? Better relationships? More productivity? Or just the ability to impress your friends? Let Me Introduce to You: Brain Mastery - A Simple Guide to Improving Memory, Hacking Your Brain, Thinking Faster, and Managing Your Knowledge Like The Genius You Are A simple guide to get you on the right track to realize your brain's full potential. This detailed, no fluff guide, dives into the main topics of brain and memory mastery, and gives you actionable techniques you can use in everyday life. I go into detail on: How Memories Are Formed Long and Short Term Memory Mental Filing Systems Flash Cards Mnemonics Acronyms Acrostics Chunking Method of Loci Rhymes, Alliteration, Jokes And more What are the benefits of using the techniques in this book? - Study better for exams and pass with flying colors - Remember more in business settings...



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-- Emmett Mann

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-- Alexandra Weissnat

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