



## The New Healing Herbs (Paperback)

By Castleman Michael

Bantam Doubleday Dell Publishing Group Inc, United States, 2004. Paperback. Book Condition: New. Revised ed.. 175 x 107 mm. Language: English . Brand New Book. Discover how to get the most from nature's oldest remedies In this revised edition, The New Healing Herbs provides up-to-date profiles of 100 of the most widely used medicinal plants, detailing the therapeutic benefits and healing properties of each of these amazing natural cures. Inside you'll find: ? Valuable advice for buying, storing, and preparing herbal remedies ? Clear, concise dosage instructions and safe-usage guidelines ? A comprehensive cure-finder chart with treatments for more than 100 common conditions--Ginkgo to improve and even reverse symptoms of macular degeneration.Cinnamon to treat cuts and scrapes.Marshmallow to boost immunity.St. John's wort to speed healing.Coffee for weight loss.Ginger for colds.Apples as a source of first aid.And much more!.



**READ ONLINE**  
[ 6.57 MB ]

### Reviews

*This publication is great. I have study and that i am sure that i will planning to read once more again in the foreseeable future. You will like how the article writer write this publication.*

-- **Dr. Uriel Kovacek**

*This created ebook is great. it was writtern very properly and useful. Its been printed in an exceedingly easy way in fact it is just right after i finished reading this pdf where basically modified me, alter the way i think.*

-- **Aglae Becker**

## Related PDFs



### **The Voice Revealed: The True Story of the Last Eyewitness (Paperback)**

World Bible Publishers Inc, United States, 2007. Paperback. Book Condition: New. 175 x 107 mm. Language: English . Brand New Book. For God expressed His love for the world in this way: He gave His only Son so that whoever believes in...



### **The Preschool Inclusion Toolbox: How to Build and Lead a High-Quality Program (Paperback)**

Brookes Publishing Co, United States, 2015. Paperback. Book Condition: New. 274 x 213 mm. Language: English . Brand New Book. Filled with tips, tools, and strategies, this book is the comprehensive, practical toolbox preschool administrators need to implement early childhood inclusion through...



### **Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: ( Learn to Read Crochet Patterns, Charts, and Graphs, Beginner s Crochet Guide with Pictures) (Paperback)**

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Getting Your FREE Bonus Download this book, read it to the end and see BONUS: Your FREE Gift chapter after...



### **Patent Ease: How to Write You Own Patent Application (Paperback)**

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Patent Ease! The new How to write your own Patent book for beginners! Because you are a beginner; not a...



### **No Friends?: How to Make Friends Fast and Keep Them (Paperback)**

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Do You Have NO Friends ? Are you tired of not having any friend and being lonely all the time...



### **See You Later Procrastinator: Get it Done (Paperback)**

Free Spirit Publishing Inc.,U.S., United States, 2009. Paperback. Book Condition: New. 175 x 127 mm. Language: English . Brand New Book. Kids today are notorious for putting things off-it s easy for homework and chores to take a backseat to playing video...